

Athletic Participation/Physical Examination Form Parental and Student Consent and Release For High School Level (grades 9-12) participation

Kentucky High School Athletic Association 2280 Executive Drive Lexington, Kentucky 40505

PART I - ATHLETE INFORMATION (This part must be completed by the student)

Name (Last, First, Initial)							School Year				
Home Address (Street, City, State, Zip):											
Gender Grade			School								
Date of Birth:			Birth Place (County, State):								
	ndance History				i lado (odalik,	y, Giaio).					-
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Gra	ae	School Na	ame			School	rear	Varsity Pla	ay — (1	res/No)	?
9											
10											
11											
12											
I am planning to participate in the following (check all you might try to play):											
	Baseball Basketball Cross Country Football Golf Soccer										
_		mming	Tennis		Track and Fig	eld	Volley	/ball		stling	
		s Fishing	Bowling	-	Competitive (Other	<u> </u>		9	
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P	arent and studen	t complete	e this part and pre				th care nr	ovider hefo	ro the	nhvei	ral
•			TE RESPONSE TO			zeu nean	in care pr	Ovider beloi	i C ti i C	YES	NO
1.	Have you ever be										
2.	Have you ever ha	ad surgery	of any kind (e.g., to		tomy)?						
3.	Are you presently taking any medications or pills?										
4.	Do you have any allergies (medicine, bees, or other insects)?										
5.	Have you ever passed out during exercise?										
6. 7.	Have you ever been dizzy during or after exercise?										
7. 8.	Have you ever had chest pain during or after exercise? Have you ever had high blood pressure?										
9.	Have you ever had high blood pressure? Have you ever been told you have a heart murmur?										
10. Have you ever had racing of your heart?											
11. Has anyone in your family died of heart problems before 50?											
12.			ems (itching, rashe	s, acne)?						
13.											
14.											
15. 16.											
17.	Have you ever ha			a Herve	•						
18.				heat?							
19.											
20.	Do you use any special equipment (e.g., knee brace)?										
21.	Have you had any problems with your eyes or vision?										
22.	Have you ever sp injuries of any bo	orained/stra	ained, dislocated, fr	actured	d, broken or h	ad repea	ted swellir	ng or other			
23.			paired organs (e.g.	eves)	?						
24.											
25.											
26.	Are you diabetic?										
27.	. Do you administer insulin to yourself?										
28.	8. Are you presently using tobacco in any form?										
29. 20.											
30. 31.											
32.											
33.	When was your l	ast tetanus	shot?								<u> </u>
			from questions 1-3	31:							

PART III - PHYSICAL EXAMINATION

This part must be completed by an authorized health care provider named in Bylaw 12.

	HEIGHT: WEIG		/PULSE
	·	20/ BOTH- 20/ _	CORRECTED? Y N
	Normal	Abnormal	Comment
HEART			
Rhythm (Regular/Irregular	ar)		
Murmur (supine)			
Murmur (standing)			
ENT			
Lungs			
Skin			
Abdominal			
Genitalia			
Musculoskeletal			
Neck			
Shoulder			
Elbow			
Wrist			
Hand			
Back			
Knee			
Ankle			
Foot			
Dental			
Other			
participation in athletics: 1. Cleared		udent's medical history,	I make the following recommendations on
2. Cleared after additiona	l evaluation for		
3. Restricted from particip	pating in the sports or s	ports activities of	
4. Cleared only to particip	•		
Recommendations/Restr	iction (attach additional	l if necessary):	
In accordance with KHS physically fit to practice for			ndition of the student and find the said student to be tests.
		Provider's Name (pleas	se print)
Authorized Signature		Address:	
	Ī	City/State/Zip	
Date:		Phone	

KRS 156.070 (2)(d) states: "Every local board of education shall require an annual medical examination performed and signed by a physician, physician assistant, advanced practice registered nurse, or chiropractor (if performed within the professional's scope of practice), for each student seeking eligibility to participate in any school athletic activity or sport." As such, this Physical Examination is valid for one year from date administered and should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.

PART IV - STUDENT AND PARENT/GUARDIAN ACKNOWLEDGMENT OF RISK, ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE AND EMERGENCY PERMISSION FORM

This part must be completed by student and custodial parent / guardian. This form must be reproduced in order for a copy to travel with respective athlete. By signing this form, all parties agree that they have accurately completed all sections of the form and have read and agree to the terms of Part V as detailed.

Students' Name (please print)	School				
Student and Parent/Guardian Add	ress including City, State and	d Zip			
Signature of Student	Date				
Please list above any health problems/concerns this student remedications presently being used	may have, including allergies	s (medications / others) and any			
Name of Parent(s)/Guardian(s) who has/have custody of the	Emergency Phone Number				
Signature of Parent(s)/Guardian(s) who has/have cust	Date				
REQUIRED INSURANCE INFO	RMATION (KHSAA Bylaw 1	2)			
Insurance Carrier		Policy Number			
EMERGENCY CONTA	ACT INFORMATION				
Name (please print)	Relation to Student				
Emergency Contact Address,	including City, State and Zip				
Daytime Phone	Cell Phone				
The following information is recorded solely for potential hosp be recorded on this form. However, those failing to provide this emergency treatment facilities prior to rendering service, and facilities prior to rendering service.	italization and emergency ca s information should be awa ailure to provide could result	re that this might be required by in lack of appropriate care.			
Social Security Number	В	irth Date			

The student and parents/guardian must read this statement carefully and sign where required. By signing this form, all parties agree that they have accurately completed all sections of the form and have read and agree to the terms of Part V as detailed. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics. This form should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.

PART V – CONSENT INFORMATION TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE

The student and parents/guardian must read this statement carefully and sign where required. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics. This form should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.

As parent/legal guardian, I agree to allow my child to participate in interscholastic athletics.

The student and parent/legal guardian recognize that participation in interscholastic athletics involves some inherent risks for potentially severe injuries, including but not limited to death, serious neck, head and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, or effects to the general health and well being of the child. Because of these inherent risks, the student and parent/legal guardian recognize the importance of the student obeying the coaches' instructions regarding playing techniques, training and other team rules. By signing this form, the student and parent/legal guardian acknowledge that the student's participation is wholly voluntary and to having read and understood this provision.

The student and parent/legal guardian individually and on behalf of the student, hereby irrevocably, and unconditionally release, acquit, and forever discharge the KHSAA and its officers, agents, attorneys, representatives and employees (collectively, the "Releasees") from any and all losses, claims, demands, actions and causes of action, obligations, damages, and costs or expenses of any nature (including attorney's fees) that the student and/or parent/legal guardian incur or sustain to person, property or both, which arise out of, result from, occur during or are otherwise connected with the student's participation in interscholastic athletics if due to the ordinary negligence of the Releasees.

The student and parent/legal guardian acknowledge that they have read and understood the KHSAA Bylaws by distribution at http://khsaa.org/handbook/. Please be aware that a student is subject to the one-year period of ineligibility the bylaw commonly referred to as the "Transfer Rule," upon participation in any varsity contest regardless of the amount of participation or lack thereof.

The student and parent/legal guardian agree to abide by the KHSAA Bylaws and Due Process Procedure as now enacted or later amended. The student and parent/legal guardian further acknowledge that they agree to abide by the rulings of the Commissioner, Assistant Commissioner, Hearing Officer and Board of Control.

The student and parent/legal guardian acknowledge that the student must have medical insurance coverage up to a limit of \$25,000 in order to be eligible to participate in interscholastic athletics.

The student and parent/legal guardian, individually and on behalf of this student, give the high school, the KHSAA and their representatives permission to release this student's demographic information (including motion picture and still photographic images) and participation statistics (including height, weight and year in school, participation history and other performance based statistics) and other information as may be requested, and agree that the student may be photographed or otherwise digitally or electronically captured during school-based competition. All of this material may be used without permission or compensation specifically related to the KHSAA and its events.

The student and parent/legal guardian consent to this student receiving a physical examination as required by the KHSAA.

The student and parent/legal guardian, individually and on behalf of this student, consent to the high school and the KHSAA and their representatives to use and disclose the necessary personally identifiable information from the student's education records including academic, financial and health care information, to third parties including school representatives, coaches, athletic trainers, medical facilities, medical staffs, KHSAA legal counsel and the media, for the purpose of receiving proper/necessary medical care and complying with the KHSAA bylaws, including making determinations regarding eligibility to participate in interscholastic athletics and any administrative or legal proceedings resulting from participation or attempted participation in interscholastic athletics, without such disclosure constituting a violation of rights under the Family Educational Rights and Privacy Act. The student and parent/legal guardian, individually and on behalf of this student, further release the high school, the KHSAA and their representatives from any and all claims arising out of the use and disclosure of said necessary personally identifiable information, and agree to release to the high school, the KHSAA, and their representatives, upon request, the detailed and completed application for financial aid.

The student and parent/legal guardian, individually and on behalf of the student, hereby acknowledge that they are aware of and will review if desired, the education materials available through the KHSAA, the Centers for Disease Control and other agencies regarding education all individuals with respect to nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.

The student and parent/legal guardian, individually and on behalf of the student, hereby consent to allow the student to receive medical treatment that may be deemed advisable by the high school, the KHSAA, and their representatives in the event of injury, accident or illness while participating in interscholastic athletics, including, but not limited to, transportation of the student to a medical facility.